

## Become a CCSU Sandwich Hero!!

Help feed the homeless people who fill the South Park Inn emergency shelter every night. No one ever plans on being homeless. With nowhere else to go, as many as 120 people, including 40 women and children, find refuge at the South Park Inn. The visitors are provided meals and helped to overcome the issues that have made them homeless.

## How can you help?

By having your group pick a month to make the sandwiches. It takes 6 or 7 people only about an hour to get the job done. Your commitment is only one hour for an entire academic year!

## What needs to be done?

On the 4<sup>th</sup> Tuesday or Wednesday of each month different groups of CCSU employees make 150 sandwiches (bread, cold cuts and cheese) and deliver them to the South Park Inn Shelter in Hartford.

## Where to meet?

Gather together at the Newman Center at 145 Paul Manafort Drive just across from the Vance Parking garage at the designated time. Remember, many hands make light work...a small effort for a big impact!



Contact the e-mail below to volunteer your group:
CCSUCOMPASSION@GMAIL.COM